## **Beachside Little League Pitch Count Verification Form**

THE FOLLOWING PITCHING **RULES MUST BE** OBSERVED:

66 Or more pitches in a day, four (4) calendar days of rest must be observed. Max Pitches per day: 51-65 pitches in a day, three (3) calendar days of rest must be observed. 36-50 pitches in a day, two (2) calendar days of rest must be observed. 21-35 pitches in a day, one (1) calendar day of rest must be observed. 1-20 pitches in a day, no calendar day of rest is required. Note: If a pitcher throws 41+ pitches he cannot play catcher for the remainder of the game.

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Age	Pitches		
7/8	50		
9/10	75		
11/12	85		

95

13/14

Day	Date	Pitcher's Name	Number of	Can Pitch Next Day Date		Umpire Signature
			Pitches			

Revised: 1/30/2010